



National Prostate Cancer Coalition

awareness · outreach · advocacy

10 Things to Know About Prostate Cancer

- ▶ 1 **One in every six men** will get prostate cancer sometime in his life.
- ▶ 2 The chances of getting prostate cancer are **one in three if you have just one close relative** (father, brother) **with the disease**. The risk is five-fold with two close relatives. With three, it's almost certainty (97 percent) that you'll get prostate cancer.
- ▶ 3 African American men are at special risk for the disease. They have the highest rate of prostate cancer in the world. In fact, the incidence rate in African Americans is **60 percent higher** than in white males and nearly **two and a half times** the mortality rate.
- ▶ 4 Prostate Cancer is the **second-leading cause** of cancer male death in the United States. An estimated **30,050 men will die from prostate cancer this year**.
- ▶ 5 **More than 232,000 new cases** are expected this year - more than breast cancer.
- ▶ 6 **One hundred percent** of men diagnosed with prostate cancer while it is still **in the early stages are still alive five years from diagnosis***. Of men **diagnosed in the late** stages of the disease, **only 33.4 percent survive five years***.
- ▶ 7 Before early detection through PSA screening, only **one in four** prostate cancer cases were found in the early stages. **With the widespread use of screening, about nine out of ten cases are now found early** – giving men a fighting chance.
- ▶ 8 **Every man over 50** - younger if African American or with a family history of the disease - should resolve to be **screened annually for prostate cancer**.
- ▶ 9 **Screening** for prostate cancer **takes less than 10** minutes and is covered by health insurance in many states.
- ▶ 10 Research shows that **obesity is a significant predictor of prostate cancer** severity and death. Men with a body mass index over 32.5 have about **one-third greater risk of dying** from prostate cancer. **High Cholesterol** in obese men may also be an indicator of increased occurrence of prostate cancer.